

Ashron Pre-primary



"where little minds are nurtured"

Summer Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Biscuits & juice	Yoghurt & Water	Oats cookies & water	Yoghurt & water	Biscuits & Juice
Lunch	Spaghetti Bolognaise	Egg Mayo on bread	Cottage Pie & veggies	Tuna salad	Hotdogs with Flings
Half day snack	Fresh Fruit & water	Biscuits & water	Fresh Fruit & water	Biscuits & Water	Fresh fruit & water
Afternoon snack	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Popcorn and juice

Breakfast of Weet – bix, Cornflakes, Oats is served from 7am-7.45am

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Biscuits cookies & water	Yoghurt & Juice	Oats cookies & Juice	Yoghurt & Juice	Biscuits & Juice
Lunch	Spaghetti Bolognaise	Scrambled egg & sweetcorn on bread	Fish cakes, mash & cucumber salad	Macaroni & Bean salad	Chicken & cheese pizza with Flings
Half day snack	Fresh Fruit & Juice	Biscuits & water	Fruit & water	Biscuits & Water	Fresh fruit & water
Afternoon snack	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Brown Bread sandwich and juice	Popcorn and juice

Sandwiches are a variety of Peanut butter, Jam and Cheese Spread